



## Non-executive Director to join Aware board

Aware is one of Ireland's leading national charities in existence since 1985. Aware's vision is to create a society where people affected by stress, depression, bipolar and mood disorders are understood, supported, free from stigma, and are encouraged to access appropriate therapies.

The organisation provides a broad range of services including:

- Support Groups throughout Ireland.
- A national free phone Support line open 365 days a year from 10am to 10pm.
- Support email service.

The organisation also provides a range of adult and youth group CBT programmes including online CBT programmes.

Aware is looking for a GP who has an interest in mental health to join the board of Aware. The Board of Aware meets bi-monthly in Dublin. In addition to serving on the board, the person appointed to the board would also be asked to serve on the board's clinical committee which meets 3 or 4 times per year.

This is an opportunity for a GP with an interest in mental health to work with other committed board members, volunteers and staff to shape and develop a leading national organisations vision for the future.

All Board appointees are volunteers and no payments are made for their time or service.

Please visit our website [www.aware.ie](http://www.aware.ie) and you can read more about "who we are and what we do" in our "about us" section on our website.

If you are interested in serving as a volunteer on the Aware Board please email your interest to [dominic.layden@aware.ie](mailto:dominic.layden@aware.ie) for consideration.